

DRESS CODE SEASON 19 IMDP COMPANY

RISE COMPANY

Girl's Hair: All dancers must wear a clean, slick bun, using hairspray or gel, and secured with bobby pins and a hairnet. Dancers may not enter class without the required attire and hair adequately done. (Natural hair options available upon request.)

CLASS ATTIRE

Ballet - Blue leotard, pink convertible tights

Jazz, Tap, & Acro - Any combination of solid black, royal blue, light blue, or white attire: leotard, shorts, leggings, briefs with tan or pink convertible tights. No half tops or camisoles.

FOOTWEAR

Ballet – Pink leather split sole ballet shoes

Jazz – Tan slip on jazz shoe

Tap – Tan buckle tap shoe

Acro – Bare feet

ADDITIONAL DRESS CODE REQUIREMENTS

Please ensure all dancewear fits appropriately and is secure to the body. Because dancers grow quickly, ensure shoes fit properly throughout the season and are not too small.

No jewelry of any kind other than a small pair of stud earrings.

ASPIRE COMPANY

CLASS ATTIRE

Girl's Hair: All dancers must wear a clean, slick bun, using hairspray or gel, and secured with bobby pins and a hairnet. Dancers may not enter class without the required attire and hair adequately done. (Natural hair options available upon request.)

Ballet - Blue leotard, pink convertible tights



Jazz, Tap, Lyrical, Leaps & Turns, and Acro - Any combination of solid black, royal blue, light blue, or white attire: leotard, shorts, leggings, briefs with tan or pink convertible tights. No half tops or camisoles.

FOOTWEAR

Ballet – Pink leather split sole ballet shoes

Jazz – Tan slip on jazz shoe

Tap – Black tie tap shoe

Lyrical – Tan jazz shoe or bare feet

Leaps & Turns – Dancers will begin class with bare feet for warm up and then change into tan jazz shoes.

Acro – Bare feet

ADDITIONAL DRESS CODE REQUIREMENTS

Please ensure all dancewear fits appropriately and is secure to the body. Because dancers grow quickly, ensure shoes fit properly throughout the season and are not too small.

No jewelry of any kind other than a small pair of stud earrings.

IGNITE 1

Girl's Hair: All dancers must wear a clean, slick bun, or tight French braid using hairspray or gel, and secured with bobby pins and a hairnet. Ponytails may ONLY be worn for tap and hip hop classes. Dancers may not enter class without the required attire and hair adequately done. (Natural hair options available upon request.)

CLASS ATTIRE

Ballet - Black leotard - Bare legs may ONLY be worn if dancer has on a dress code approved Ballet skirt. Pink tights MUST be worn if dancer is taking Ballet class without an approved Ballet skirt.

Jazz, Tap, Lyrical, Acro, Conditioning, and Leaps & Turns - Solid tone, comfortable dance clothing in which they can move freely. NO loud colors or patterns. Leotard, shorts, leggings, briefs. Half tops may be worn only if they cover the rib cage and bottoms (dance shorts or leggings) are high waisted and cover the belly button. At no time may t-shirts or camisoles be worn.



Hip Hop – Comfortable basketball shorts, t-shirts, tank tops, dance shorts, leggings and joggers to be worn over leotard or over the rib cage half top.

FOOTWEAR

Ballet – Pink leather or canvas split sole ballet shoes

Jazz – Tan slip on jazz shoe

Tap – Black tie tap shoe

Lyrical – Tan jazz shoe or bare feet

Leaps & Turns and Conditioning – Dancers will begin class with bare feet for warm up and then change into tan jazz shoes.

Acro – Bare feet

Hip Hop – Clean sneakers that are used only for hip hop class.

ADDITIONAL DRESS CODE REQUIREMENTS

Please ensure all dancewear fits appropriately and is secure to the body. Because dancers grow quickly, ensure shoes fit properly throughout the season and are not too small.

Dancers must wear both shoes on their feet for all classes.

No jewelry of any kind other than a small pair of stud earrings. Dancers will be asked to remove any extra jewelry.

Apple watches and fit bands may be worn in all classes except ballet and acro. If the IMDP instructor finds that it is a distraction dancer will be asked to take off the watch and place it in the IMDP front office with the Office Manager until the end of the night. It is the dancer's responsibility to pick up the watch before they leave the studio for the evening. All text messages and notifications must be turned off.

EXTRA CLASS TOOLS

Conditioning and Leaps & Turns:

2 yoga blocks, small yoga ball, thera-band with medium resistance and at least 6 feet in length, K&K stretch band.



IGNITE 2

Girl's Hair: All dancers must wear a clean, slick bun, or tight French braid using hairspray or gel, and secured with bobby pins and a hairnet. Ponytails may ONLY be worn for tap and hip hop classes. Dancers may not enter class without the required attire and hair adequately done. (Natural hair options available upon request.)

CLASS ATTIRE

Ballet - Black leotard - Bare legs may ONLY be worn if dancer has on a dress code approved Ballet skirt. Pink tights MUST be worn if dancer is taking Ballet class without an approved Ballet skirt.

Jazz, Tap, Lyrical, Acro, Conditioning, and Leaps & Turns - Solid tone, comfortable dance clothing in which they can move freely. NO loud colors or patterns. Leotard, shorts, leggings, briefs. Half tops may be worn only if they cover the rib cage and bottoms (dance shorts or leggings) are high waisted and cover the belly button. At no time may t-shirts or camisoles be worn.

Hip Hop – Comfortable basketball shorts, t-shirts, tank tops, dance shorts, leggings and joggers to be worn over leotard or over the rib cage half top.

FOOTWEAR

Ballet – Pink leather or canvas split sole ballet shoes

Pre-pointe/Beginner Pointe - Pink leather or canvas split sole ballet shoes and/or Pointe Shoes *(by permission of instructor)*

Jazz – Tan slip on jazz shoe or bare feet

Tap – Black tie tap shoe

Lyrical – Bare feet

Leaps & Turns and Conditioning – Dancers will begin class with bare feet for warm-up and then change into tan jazz shoes or stay barefoot. Apolla socks and/or cotton socks in tan or black may be worn. (This will be at the discretion of each IMDP staff member's class attire preference. Band notification will go out for each class if different from what is listed above.)

Acro – Bare feet

Hip Hop – Clean sneakers that are used only for hip hop class.



ADDITIONAL DRESS CODE REQUIREMENTS

Please ensure all dancewear fits appropriately and is secure to the body. Because dancers grow quickly, ensure shoes fit properly throughout the season and are not too small.

Dancers must wear both shoes on their feet for all classes.

No jewelry of any kind other than a small pair of stud earrings. Dancers will be asked to remove any extra jewelry.

Apple watches and fit bands may be worn in all classes except ballet and acro. If the IMDP instructor finds that it is a distraction dancer will be asked to take off the watch and place it in the IMDP front office with the Office Manager until the end of the night. It is the dancer's responsibility to pick up the watch before they leave the studio for the evening. All text messages and notifications must be turned off.

INFINITY 1

Girl's Hair: All dancers must wear a clean, slick bun, or tight French braid using hairspray or gel, and secured with bobby pins and a hairnet. Ponytails may ONLY be worn for tap and hip hop classes. Dancers may not enter class without the required attire and hair adequately done. (Natural hair options available upon request.)

CLASS ATTIRE

Ballet - Black leotard - Bare legs may ONLY be worn if dancer has on a dress code approved Ballet skirt. Pink tights MUST be worn if dancer is taking Ballet class without an approved Ballet skirt.

Jazz, Tap, Lyrical, Acro, Conditioning, and Leaps & Turns - Solid tone, comfortable dance clothing in which they can move freely. NO loud colors or patterns. Leotard, shorts, leggings, briefs. Half tops may be worn only if they cover the rib cage and bottoms (dance shorts or leggings) are high waisted and cover the belly button. At no time may t-shirts or camisoles be worn.

Hip Hop – Comfortable basketball shorts, t-shirts, tank tops, dance shorts, leggings and joggers to be worn over leotard or over the rib cage half top.

FOOTWEAR

Ballet – Pink leather or canvas split sole ballet shoes and/or Pointe Shoes (*by permission of instructor*)

Pointe - Pointe shoes

Jazz – Tan slip on jazz shoe or bare feet



Tap – Black tie tap shoe

Lyrical – Bare feet or canvas half soles. *(Half soles must blend with the dancer's skin tone. Please make sure the color of the shoe matches the color of the leg.)

Leaps & Turns and Conditioning – Dancers will begin class with bare feet for warm-up and then change into tan jazz shoes, canvas half soles*, or stay barefoot.

Acro – Bare feet

Hip Hop – Clean sneakers that are used only for hip hop class.

ADDITIONAL DRESS CODE REQUIREMENTS

Please ensure all dancewear fits appropriately and is secure to the body. Because dancers grow quickly, ensure shoes fit properly throughout the season and are not too small.

Dancers must wear both shoes on their feet for all classes.

No jewelry of any kind other than a small pair of stud earrings. Dancers will be asked to remove any extra jewelry.

Apple watches and fit bands may be worn in all classes except ballet and acro. If the IMDP instructor finds that it is a distraction dancer will be asked to take off the watch and place it in the IMDP front office with the Office Manager until the end of the night. It is the dancer's responsibility to pick up the watch before they leave the studio for the evening. All text messages and notifications must be turned off.

EXTRA CLASS TOOLS

Conditioning and Leaps & Turns:

2 yoga blocks, small yoga ball, thera-band with medium resistance and at least 6 feet in length, K&K stretch band.

INFINITY 2

Girl's Hair: All dancers must wear a clean, slick bun, or tight French braid using hairspray or gel, and secured with bobby pins and a hairnet. Ponytails may ONLY be worn for tap and hip hop classes. Dancers may not enter class without the required attire and hair adequately done. (Natural hair options available upon request.)



CLASS ATTIRE

Ballet - Black leotard - Bare legs may ONLY be worn if dancer has on a dress code approved Ballet skirt. Pink tights MUST be worn if dancer is taking Ballet class without an approved Ballet skirt.

Jazz, Tap, Lyrical, Acro, Conditioning, and Leaps & Turns - Solid tone, comfortable dance clothing in which they can move freely. NO loud colors or patterns. Leotard, shorts, leggings, briefs Half tops may be worn only if they cover the rib cage and bottoms (dance shorts or leggings) are high waisted and cover the belly button. At no time may t-shirts or camisoles be worn.

Hip Hop – Comfortable basketball shorts, t-shirts, tank tops, dance shorts, leggings and joggers to be worn over leotard or over the rib cage half top.

FOOTWEAR

Ballet – Pink leather or canvas split sole ballet shoes and/or Pointe Shoes (*by permission of instructor*)

Pointe - Pointe shoes

Jazz – Tan slip on jazz shoe or bare feet

Tap – Black or white tie tap shoe

Lyrical – Bare feet or canvas half soles. *(Half soles must blend with the dancer's skin tone. Please make sure the color of the shoe matches the color of the leg.)

Leaps & Turns and Conditioning – Dancers will begin class with bare feet for warm-up and then change into tan jazz shoes, canvas half soles*, or stay barefoot.

Acro – Bare feet

Hip Hop – Clean sneakers that are used only for hip hop class.

ADDITIONAL DRESS CODE REQUIREMENTS

Please ensure all dancewear fits appropriately and is secure to the body. Because dancers grow quickly, ensure shoes fit properly throughout the season and are not too small.

Dancers must wear both shoes on their feet for all classes.

No jewelry of any kind other than a small pair of stud earrings. Dancers will be asked to remove any extra jewelry.

Apple watches and fit bands may be worn in all classes except ballet and acro. If the IMDP instructor finds that it is a distraction dancer will be asked to take off the watch



and place it in the IMDP front office with the Office Manager until the end of the night. It is the dancer's responsibility to pick up the watch before they leave the studio for the evening. All text messages and notifications must be turned off.

EXTRA CLASS TOOLS

Conditioning and Leaps & Turns:

2 yoga blocks, small yoga ball, Thera-band with medium resistance and at least 6 feet in length, K&K stretch band.

REHEARSAL ATTIRE ALL LEVELS

For REHEARSALS all female dancers MUST HAVE THEIR HAIR IN A NEAT SLICKED BACK BUN. NO PONYTAILS FOR REHEARSALS. All dancers are expected to have proper hair and attire for class and rehearsals.

RISE, ASPIRE, IGNITE 1, IGNITE 2, INFINITY 1 – Dancers ages 12 & under

Solid black leotard w/ solid black dance shorts or leggings. All Rise and Aspire Company Dancers must be in convertible tan tights for all rehearsals. Ignite and Infinity may wear bare legs as long as dancers have proper-fitting shorts or leggings over a solid black leotard. If dancers only wear a leotard, they must have on tan convertible tights.

IGNITE 2, INFINITY 1, INFINITY 2 – Dancers ages 13 & over

Solid black leotard, or athletic crop top that covers the majority of the ribcage w/ solid black dance shorts or leggings. Ignite and Infinity may wear bare legs as long as dancers have proper-fitting shorts or leggings over a solid black leotard. Or a pair of high waisted shorts or leggings with solid black crop top. If dancers only wear a leotard, they must have on tan convertible tights.

FOOTWEAR

For all tap routines dancers MUST have on tap shoes for all rehearsals.

For all hip hop routines dancers MUST have on clean sneakers for all rehearsals.

For all Rise and Aspire jazz, musical theater, and open routines dancers MUST have on tan slip-on jazz shoes.

For all Ignite and Infinity routines in jazz, lyrical, musical theater, open and contemporary dancers must wear proper footwear requested by the individual choreographer. Dancers should always have jazz shoes ready for all routines listed above. No half soles are to be worn in rehearsal. Ignite 2 & Infinity 2 ONLY Apolla socks and/or cotton socks in tan or black may be worn. (This will be at the discretion of each IMDP staff member's rehearsal attire preference.)



BOYS DANCE TOO

CLASS ATTIRE

Ballet All Levels: White or Black Ballet Top, Black Full-Length Tights, Black Ballet Shoes

RISE & ASPIRE BOYS:

Jazz, Tap, and Acro -Solid black, white, or royal blue t-shirt, black shorts or pants

IGNITE & INFINITY BOYS:

Jazz, Tap, Lyrical, Acro, Conditioning, and Leaps & Turns -Solid tone, comfortable dance clothing in which they can move freely. NO loud colors or patterns w/ black, blue or grey shorts or pants

Hip Hop – Comfortable basketball shorts, t-shirts, tank tops, basketball shorts, sweats and joggers. Solid colors or IMDP spirit wear preferred.

FOOTWEAR

Ballet – Black leather or canvas split sole ballet shoes

Jazz – Black slip-on jazz shoe or bare feet

Tap – Black or white tie tap shoe

Lyrical – Bare feet or canvas half soles*. *(Half soles must blend with the dancer's skin tone. Please make sure the color of the shoe matches the color of the leg this is only for dancers in Infinity levels.)

Leaps & Turns and Conditioning – Dancers will begin class with bare feet for warm-up and then change into tan jazz shoes, canvas half soles*, or stay barefoot.

Acro – Bare feet

Hip Hop – Clean sneakers that are used only for hip hop class.

ADDITIONAL DRESS CODE REQUIREMENTS

Please ensure all dancewear fits appropriately and is secure to the body. Because dancers grow quickly, ensure shoes fit properly throughout the season and are not too small.

Dancers must wear both shoes on their feet for all classes.

No jewelry of any kind other than a small pair of stud earrings. Dancers will be asked to remove any extra jewelry.

Apple watches and fit bands may be worn in all classes except ballet and acro. If the IMDP instructor finds that it is a distraction dancer will be asked to take off the watch and place it in the IMDP front office with the Office Manager until the end of the night. It is the dancer's responsibility to pick up the watch before they leave the studio for the evening. All text messages and notifications must be turned off.



EXTRA CLASS TOOLS

Conditioning and Leaps & Turns: IGNITE 1, INFINITY 1, INFINITY 2 only

2 yoga blocks, small yoga ball, thera-band with medium resistance and at least 6 feet in length, K&K stretch band.

REHEARSAL ATTIRE ALL LEVELS

RISE, ASPIRE, IGNITE & INFINITY BOYS: Solid black t-shirt or tank, black shorts or pants

FOOTWEAR

For all tap routines dancers **MUST** have on tap shoes for all rehearsals.

For all hip hop routines dancers **MUST** have on clean sneakers for all rehearsals.

For all Rise and Aspire jazz, musical theater, and open routines dancers **MUST** have on black slip-on jazz shoes.

For all Ignite and Infinity routines in jazz, lyrical, musical theater, open and contemporary dancers must wear proper footwear requested by the individual choreographer. Dancers should always have jazz shoes ready for all routines listed above. No half soles are to be worn in rehearsal.

COLD WEATHER DAYS

Dancers may wear fitted long-sleeved leotards, fitted to the body long-sleeved shirts, fitted zipped-up athletic jackets, fitted zipped-up fitted fleece jackets, or ballet sweaters during cold weather days. Leggings, joggers, yoga pants, and fitted sweats may be worn. All cold weather attire **MUST** be solid black. This dress code is for male and female dancers in both classes and rehearsals.



